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 <div style="text-align: center;"> <h2 style="margin: 0;">Brisbane North</h2> <h1 style="margin: 0;">ORTHOMOLECULAR CLINIC</h1> <p style="margin: 0;">Specialists in:</p> <h2 style="margin: 0; color: red;">MOOD DISORDERS &amp; MENTAL HEALTH</h2> </div>	<p><b>Patient Name</b> .....</p> <p><b>D.O.B.</b>    /    /                      <b>Male    Female</b></p> <p><b>Address:</b>.....</p> <p>.....</p> <p><b>Cultural background</b> .....</p>
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	0	1	2	3	Score
<b>THOUGHTS</b>	No current suicidal thoughts, no ideation	A suicidal thought a few times each week.	Thoughts of suicide daily or almost daily	Preoccupied with suicidal thoughts almost all the time.	
<b>MOOD</b>	Euthymic	Changes upset/sad	Negative, anxious irritable or withdrawn	Depressed, highly anxious, intoxicated or non communicative.	
<b>PLANS</b>	No current plan	Has a vague plan	Has a thought out plan	Has intent and access to means to act on plan, knows when, where and how. Has written note	
<b>SELF HARMING BEHAVIOURS</b>	None No history of self harm	Minor superficial scratches. Non lethal ingestion of medication.	Regular binge drinking plus self inflicted lacerations not requiring sutures. Ingestion of medication requiring observation	Significant cutting and or substance abuse requiring medical intervention. Risk taking behaviour	
<b>IMPULSIVITY</b>	None, able to control behaviour	Evidence of acting impulsively 25% of the time	Poor impulse 50% - 75% of the time. Substance abuse and or Anti-social behaviour	Impaired ability to be in command of their actions, eg intoxicated, high expressed emotion, acute symptoms, cognitive impairment, and organic problems.	
<b>SUICIDAL INTENT</b>	None, wants to live	Ambivalent, wont actively participate in an attempt to die	Moderate. Wants to leave situation but does not want to die	Wants to end life, wants death	
<b>MEANS</b>	No means available or identified	Has access to low level methods	Moderate eg. Drugs and alcohol or car wreck	Identify's highly lethal methods eg hanging, jumping, carbon monoxide, has access to guns.	
<b>SUICIDAL HISTORY</b>	None	Personal/family history of suicidal behaviour. Low level means – not recent	Past attempt, required hospital admission.	Previous attempts with increasing lethal means. Has attempted in last 30 days.	
<b>HEALTH STATUS</b>	No medical problems	No significant medical problem	Acute but short term illness.	Chronic debilitating or acute catastrophic illness, significant medical problems	
<b>STRESSFULL EVENTS</b>	No stressors identified	Unresolved issues, past physical /sexual abuse	Recent loss, bereavement, relationship breakdown, and or personal/social crisis, financial difficulties	Significant stressors identified eg impending arrest or incarceration, substance addiction	
<b>SUPPORT</b>	Support available from friends and relatives	Has relatives and or friends but is unwilling to confide in them.	Nil support identified	Social links abusive or violent Resists help, isolating self.	

**Scoring:**

**Low<12**

**Med 13-20**

**High >21**

**Comments:** \_\_\_\_\_

**Assessor's Name** \_\_\_\_\_ **Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_ **Time:** \_\_\_\_\_

**\*Note: Low Risk Does Not Mean No Risk**

**Actions to consider:**

If discharging, provide the consumer with emergency contacts eg. Ambulance, Hospital, Lifeline,  
Referral to Mental Health  
Referral to other appropriate services which may address current stressors.  
Have follow up arrangements made and confirmed.  
If the consumer falls within the upper range (eg.>18) or you have concerns about the client's safety,